

# CAC/SFTJH CHARGER NEWS

**September 2019**

The 2019-2020 school year is off and running. There are many activities going on during the month of September. Be sure to look over the calendar on the last page of this newsletter and make note of those items that affect you and your family.

## **The Leader In Me** - Readers are Leaders

Every year we join in this month-long celebration designed to encourage reading as a fun activity for the whole family. Reading, and understanding what you read, is a skill that everyone needs to be successful. The best way to improve understanding is to read a lot. There is nothing like a challenging book to lift you up or take you to another world. Developing a love of reading will be an asset to your child in all areas of school and give him/her a jumpstart to a lifetime of reading!

Below is a list of books that your child will enjoy while also reinforcing the 7 Habits at home. Additional suggestions can be found at The Leader in Me Online.

**Lower elementary (K-3)** Read the book together. Ask your child questions about how the characters used the habits.

**Upper elementary (4-6)** Your child reads the book to you. Ask questions about how your child uses the habit.

**Habits 1-7** *The 7 Habits of Happy Kids* by Sean Covey Habit

**1: Be Proactive** *The Very Lonely Firefly* by Eric Carle and *The Carrot Seed* by Ruth Krauss

**Habit 2: Begin with the End in Mind** *Click, Clack, Cows that Moo* by Doreen Cronin and *Pancakes, Pancakes* by Eric Carle

**Habit 3: Put First Things First** *Froggy Gets Dressed* by Jonathan London and *Jamaica's Find* by Juanita Havill

**Habit 4: Think Win-Win** *The Very Clumsy Click Beetle* by Eric Carle and *Let's Be Enemies* by Janice May Udry

**Habit 5: Seek First to Understand Then to Be Understood** *The True Story of the Three Little Pigs* by Jon Scieszka and *You My Mother?* by P.D. Eastman

**Habit 6: Synergize** *Ox-Cart Man* by Donald Hall and *Clifford's Spring Clean-Up* by Norman Bridwell

**Habit 7: Sharpen the Saw** *Owl Moon* by Jane Yolen and *Henry Hikes to Fitchburg* by D. B. Johnson

**Middle/High School** *The 7 Habits of Highly Effective Teens* by Sean Covey

**District and Building Updates** - Activities and information regarding CAC/SFTJH are posted to the District website (<http://www.usd434.org>), District FaceBook page (Santa Fe Trail USD 434), and the CAC/SFTJH Twitter page (@cacsoftjh).

**Grab and Go Second Chance Breakfast** - CAC will begin offering a grab and go second chance breakfast on Tuesday, September 3rd. This opportunity will be available between 8:45 and 9:00 a.m. The breakfast will include one entrée, fruit, juice, and milk which students will pick-up and take to their classroom to eat. Students may choose to eat the normal breakfast which will include two entrées and cereal options that are served beginning at 7:20 a.m. or the second chance option but cannot have both breakfasts. If your student qualifies for free meals this breakfast is also free. The reduced price is \$0.30 and the full-pay breakfast is \$1.65. The Grab and Go menu is available on the district website with the breakfast and lunch menus.

**Attendance Race** - The grade levels at CAC are having a quarterly attendance race. The grade level with the highest percentage of students in attendance for the quarter will win a reward of some kind which is yet to be determined. Because doctors offices are not always very accommodating we are considering a student that misses two-hours or less a day as in attendance for the entire day. The race is on!!

**Homecoming** - The homecoming parade will take place in Overbrook this year beginning at 1:00 p.m. on Friday, September 13th. CAC students will be bussed to Overbrook for the parade and pep-rally. Should you choose to pick-up your student at the rally location you must sign-out with his/her teacher. Students will not be taking book bags or instruments with them to Overbrook.

**Fast Lane** - Fast Lane services are available at Carbondale both before and after school and at Overbrook after school. Students get a snack, participate in academic time, and participate in physical activity. Information is available in the office at Overbrook and Carbondale.

**Red Wheel Fundraiser** - CAC will kick-off the Red Wheel fundraiser on Wednesday, September 4th and orders are due September 18th. Delivery and pick-up will take place on October 2nd. The goal is for each student to sell five items with all profits being used for activities throughout the year that benefit students.

**Box Tops & Coke Rewards** - CAC will continue to collect and redeem Box Tops and Coke Rewards. We appreciate you continuing to send them to school with your students.

**Recycling Items** - At the beginning of each month CAC collects items to be recycled. These items include cereal bags, toothpaste tubes, toothbrushes, mouthwash bottles, shampoo and conditioner containers, hand lotion containers, deodorant sticks, body wash containers, chap stick tubes, dental floss containers, and granola bar wrappers with the inner foil. We will get money for all of the items collected. We appreciate your contributions to this recycling effort.

## For Your Calendar -

- September 2 - No School - Labor Day
- September 4 - Red Wheel Fundraiser Kick-Off  
STAR BASE 2.0, 3:20 p.m.
- September 5 - Cross Country @ Lake Garnett Park, Garnet KS, 3:15 p.m.  
FB vs. Wellsville @ SFTHS, 4:00 p.m.  
7th-Grade VB @ Pioneer Ridge Middle School, Gardner KS, 4:00 p.m.  
8th-Grade VB vs. Pioneer Ridge Middle School @ SFTHS, 4:15 p.m.  
PTO Meeting @ OAC, 6:00 p.m.
- September 9 - CAC All School Picture  
VB vs. Prairie View @ SFTHS, 4:15 p.m.
- September 11 - STAR BASE 2.0, 3:20 p.m.  
Board of Education Meeting @ DAC, 6:00 p.m.
- September 12 - Cross Country @ Melvern Lake, 4:00 p.m.  
FB @ Anderson County, 4:00 p.m.  
C-Team VB vs. Eudora @ SFTHS, 4:00 p.m.
- September 13 - Homecoming Parade in Overbrook, 1:00 p.m.
- September 16 - VB vs. Anderson County @SFTHS, 4:15 p.m.
- September 17 - C-Team VB @ Eudora, 4:00 p.m.
- September 18 - STARBASE 2.0, 3:20 p.m.
- September 19 - Cross Country @ Wellsville, 4:00 p.m.  
FB vs. Osawatomie @ SFTHS, 4:00 p.m.
- September 21 - A-Team VB @ Perry, 9:00 a.m.
- September 23 - VB @ Burlington, 4:00 p.m.
- September 24 - Jr. Dance Camp @ SFTHS, 4:00 p.m.  
VJ FB @ Osage City, 4:00 p.m.
- September 25 - STAR BASE 2.0, 3:20 p.m.  
Jr. Dance Camp @ SFTHS, 4:00 p.m.
- September 26 - Jr. Dance Camp @ SFTHS, 4:00 p.m.  
Cross Country @ Park Drive, Hoyt KS, 4:00 p.m.  
FB @ Iola, 4:00 p.m.  
VB @ Osawatomie, 4:00 p.m.
- September 27 - Jr. Dance Camp Performance during HS FB game vs. Hayden
- September 28 - B-Team VB @ Jeff West, 9:00 a.m.
- September 30 - VB vs. Iola @ SFTHS, 4:15 p.m.